

Department of Psychology

The reasons why psychology is being valued these days include at least two. First, following the rapid development of physical sciences and biotechnology, more and more scholars have turned their focus to the ultimate mystery of the universe “the human mind.” So far, humanity has already developed advanced technology, magnificent art, profound religious thought, and complex political and economic systems with its unique intellectual abilities. However, how human intelligence has grown to this level remains a great mystery to these days. Such a secret like this would naturally attract many curious minds eager to explore it.

Second, to address societal issues, we need a solid understanding of human psychology and behavior. Issues such as crime and morality, war and peace, suicide, family and marriage, and education, and so on. In today's era of advanced technology, humanity enjoys unprecedented material prosperity but simultaneously faces many unprecedented challenges and dilemmas. The true enhancement of quality of life clearly depends on further psychological research, which is a responsibility that universities must shoulder.

The eternal goal of academic research is to expand human intellect and pursue truth, while its practical significance lies in solving human survival problems and improving overall well-being. From these perspectives, psychological research serves at least four key purposes:

1. Satisfying humanity's eternal curiosity about its own intellect.
2. Helping humanity find its place in the universe and time, and thus gain

answers to the meaning of life.

3. Addressing societal problems and enhancing social life.
4. Bridging the gap between technology and humanity, making the humanization of technology possible.

Exploring the Mysteries of the Human Mind Through Science

The Department of Psychology at Fo Guang University has an outstanding faculty and fosters a warm and harmonious teacher-student interaction. It is one of the few psychology departments in Taiwan that includes both Clinical and Counseling Psychology divisions at the graduate level. Renowned for its rigorous academic approach and well-equipped research facilities, the undergraduate program offers a core curriculum in psychology alongside elective tracks in Cognitive and Clinical Neuroscience, Social and Educational Counseling Psychology, and more. This curriculum ensures a solid theoretical foundation while emphasizing the integration of theory and practice.

The master's program offers specializations in General Psychology, Clinical Psychology, and Counseling Psychology, with a strong emphasis on research methodology training. It fosters the development of talented professionals with high potential, serving as a cradle for future professional psychologists.

A Commitment to Quality Education

Fo Guang University was founded with the spirit of "Humanistic Buddhism" and is dedicated to imparting practical knowledge and cultivating capable individuals for society. In line with this mission, the psychology department offers authentic psychology education—from theoretical foundations to real-world applications—ensuring students acquire both the necessary knowledge and the ability to navigate life.

Life offers only a few opportunities like this: world-class faculty, state-of-the-art

laboratories, a strong academic ethos, close teacher-student relationships, comprehensive curricula, rigorous teaching, freedom of thought, and spontaneous inspiration. Learning opportunities abound both inside and outside the classroom. Furthermore, we value not only academic excellence but also a vibrant and enjoyable approach to life. Over the years, our students have excelled in extracurricular activities, clubs, and athletic competitions, demonstrating remarkable achievements.

Talent Development

A department committed to talent development must establish a well-structured and progressive curriculum. The undergraduate program at Fo Guang University is designed with a "curricularization" structure, systematically organizing related courses into coherent professional clusters. This approach provides students with a clear academic direction, allowing them to select courses more systematically and learn more effectively.

Educational Goals

1. Providing a comprehensive foundation in psychology, educating individuals with a psychological perspective and contributing to the "socialization of psychological knowledge."
2. Training students with rigorous research methodology to foster independent thinking and develop psychology professionals with strong potential.
3. To offer a well-rounded general education, nurturing individuals with broad knowledge and an insightful worldview.